

Buddy Referral Program!

Benefits:

When you refer a family member, friend, or co-worker to Integrity and that referral leads to a new membership, you will receive well -deserved recognition with:

- ✓ \$50 Integrity Shopping Spree!
- ✓ \$5.00 off your monthly dues (EFT billing only) for each month your referral(s) is an active member!
- ✓ A chance to win a Grand Prize every month for whoever refers the most new members in each club to show our appreciation!

Summary of the Official Rules:

Who can participate?

Any current member of an Integrity facility

How do you get credit for a referral?

The new member must write your name down on their membership agreement on the line "How did you hear about us?" or present a referral card that has your name on it.

Definition of "Regular Membership":

\$5.00 discount off monthly dues: Applies to members who are on an EFT (monthly billing) membership only. No credit is applied to any Paid in Full memberships. Credit will be applied on the next billing cycle after the referral joins on a regular membership. Referring members will continue to receive a \$5.00 credit monthly for each member they refer as long as their referral maintains an active membership at Integrity. The referral must join at the same facility the existing member belongs to in order to receive credit.

\$50.00 Integrity Shopping Spree:

Certificates are mailed weekly. To be used in nutrition store or on personal training only. Good for one time use only, cannot combine with any other discounts or offers. Must use by expiration date on certificate. Cannot be used on memberships or redeemed for cash. The referral must join at the same facility the existing member belongs to in order to receive certificate.

Monthly Grand Prize:

Each month Integrity will have a different grand prize that will be displayed and announced at the beginning of each new month. At the end of the month, whoever refers the most new members to that club will win the grand prize. Winners will be announced on the first Thursday of the new month.

Do You Need Health Coaching?



SUCCESS
NUTRITION
BLOOD PRESSURE
CONFLICT
FOCUS
TRAINING
HEALTH
FITNESS
PLANNING
GUIDANCE
DEVELOPMENT
COACHING
HORMONES
LISTENING
QUESTIONING
HOPELESSNESS
WEIGHT GAIN
TECHNIQUE
LIFE
MENTORING
COMMUNICATION
GOALS
STRUGGLE

 **Integrity**
health coaching for women