

Chunky Monkey!

Ingredients:

3 ripe bananas
2 cups oats
1/4 cup chunky peanut butter or other nut butter
1/4 cup unsweetened cocoa powder
1/3 cup unsweetened apple sauce
1 tsp vanilla

Directions:

Preheat oven 350 degrees
Bake the cookies for 10-12 min

Mash bananas up first and then add the rest of the ingredients.

Stir mixture and then let it sit for 10 minutes.

Drop by teaspoonfuls onto a greased cookie sheet – I used coconut oil.

NOM NOM NOM!!

I think next time I will try adding unsweetened shredded coconut to this as well!

Just. Eat. Real.

Note: You should be able to pronounce the foods you are placing inside your body!