

No Bake Energy Bites!

Ingredients:

1 cup oatmeal
1 cup peanut butter (or other nut butter)
1/3 cup honey
1 cup coconut flakes
1/2 cup ground flax seed
1/2 cup mini chocolate chips
1 tsp vanilla
1 scoop vanilla protein powder

Directions:

Mix everything above in a medium bowl until thoroughly mixed.

Let chill in the refrigerator for half an hour.

Once chilled, roll into balls and enjoy!

Store in an airtight container and keep refrigerated for up to 1 week.

