

Rosemary Parmesan Roasted Sweet Potatoes

Serves: 2

Ingredients

2 large sweet potatoes

1/4 cup chopped fresh rosemary

1/8 cup Parmesan cheese

2 tbsp olive oil

1-2 clove(s) minced garlic

Salt and pepper to taste

Directions

Preheat the oven to 400 degrees F. Cut sweet potatoes into cubed size pieces.

Combine the rosemary, garlic, Parmesan cheese, and olive oil in a bowl.

Add sweet potatoes and coat evenly.

Place in a dish and bake for 20 minutes. Flip the potatoes over and then bake for another 25 Minutes.

Remove from the oven and serve immediately.

Nutrition Facts Per serving

Calories: 281, Total Carbs: 27 g, Total Fat: 16 g, Protein: 9 g