

# Summer Special



**Your child is never too young to start learning how to care for their health!**

**Are you a member of Integrity?**

**Bring your daughter(s) or Granddaughter(s) with you this summer and spend some quality time with your child while instilling the importance of their health and wellness!**

**TAKE ADVANTAGE OF THIS SPECIAL OFFER!**

**Only \$99 (Months June 25 – August 25 2014!)**

- **8 week exercise prescription made for your child!**
- **Learn about cardiovascular health!**
- **Meal plan to aid in healthy food choices!**
- **Health Coaches to guide your child with appropriate exercise form!**
- **BodyBurn together!**
- **All women!**
- **Open 24/7!**
- **Clean and friendly environment!**
- **Health and wellness boutique!**

**\*\*\*Offer Valid for Ages 14-17 & parent/guardian must already be a member at an Integrity location\*\*\* 855-550-BFIT (2348)**